

Search



Diseases and

Home &gt; Our work &gt; conditions &gt; COVID-19

# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

New Zealand has 368 confirmed and probable cases of COVID-19. For a summary of the current status see our [latest media release \(27 March\)](#). More information is available on our [current cases page](#). With continued vigilance the chance of widespread community outbreak is expected to remain low.

## New Zealand is currently at Alert Level 4 – Eliminate

These alert levels specify the public health and social measures to be taken. Nationwide, New Zealand is currently at Level 4 – Eliminate. This means that it is likely that the disease is not contained. See more information about [Alert levels](#).

Find out how to look after your [mental health and wellbeing when you have to stay at home](#).

## Health and care workers - expressions of interest for COVID-19 response

We are seeking expressions of interest from health and care professionals who are able and willing to work for a limited amount of time as part of the national strategic approach to managing COVID-19. [Find out more](#)

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Self-isolation](#)
- [Contact tracing](#)
- [Face mask and hygiene advice](#)
- [Home care information](#)
- [Managing your mental wellbeing](#)
- [Questions and answers](#)

Information for:

- [Health professionals](#)
- [Airline staff](#)
- [Border sector](#)
- [Cleaning services](#)
- [Disability and aged care providers](#)
- [Disabled people](#)
- [Hotels and hotel staff](#)
- [Older people](#)
- [Public events and mass gatherings](#)
- [Travellers arriving to NZ](#)
- [Workplaces](#)

## Current situation

- [Current cases](#)
- [Border controls](#)
- [Epidemic Notice](#)
- [Essential health & disability services](#)

## News and media updates

- [27 March - Media media update](#)
- [26 March - 78 new cases of COVID-19](#)
- [26 March - Media update](#)
- [25 March - Media update](#)

[All news and media updates](#)

[Information about current cases](#)

## Resources

- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)

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## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

### 27 March:

- [Advice for aged care providers has moved](#)
- [Updated close contact definition](#)
- [Guidance on use of personal protective equipment](#)
- [Updated face mask and hygiene advice](#)

### 26 March:

- [Update for Disability and Aged Care Providers on Alert Level 4](#)
- [Updated self-isolation or low-level quarantine requirements](#)
- [Updated current case details](#)
- [Updated essential services in the health and disability system with list of hospital services](#)
- [Increasing the health workforce capacity](#) – we are seeking expressions of interest from health and care professionals

### 25 March:

- [Updated New Zealand passenger arrival measures](#)
- [Information on essential health and disability services](#)
- [COVID-19 Epidemic Notice](#)
- [Advice for older people](#)

### 24 March:

- [Intensive care and ventilator capacity in district health boards information](#)

### 23 March:

- [New information for home and community support service workers](#)
- [Updated information for people who receive home support](#)
- [Updated advice for health professionals](#)
- [Advice for wellbeing in self-isolation](#)
- [Updated advice for public events and mass gatherings](#)
- [Updated advice for workplaces](#)
- [New form for notifying cases to the NHCC](#)
- [Updated guidance for health staff implementing home care](#)
- [Updated information for disabled people and their family and whānau](#)

### 22 March:

- [Primary Care Quick Reference Guide updated](#)
- [Questions and answers for primary health care workers updated](#)

### 21 March:

- [New information for community-based midwives](#)
- [Updated resources for primary care](#)
- [Information on alert levels added to the questions and answers](#)
- [Update on managed restricted access to aged care facilities](#)
- [Updated health pratique form](#)



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[Information releases](#)

[Consultations](#)

## Where to go for help

### Emergencies

[Dial 111 \(for ambulance, fire or police\)](#)

### Healthline

[Dial 0800 611 116](#)

### Poisons

[Dial 0800 POISON \(0800 764 766\)](#)

### Mental health crisis

[Emergency contact numbers](#)

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